

## Personal Training Application Process

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- 1 Fill out the PT Application completely. Return the form to us via:

Email: [info@keperformance.com](mailto:info@keperformance.com) Subject: Personal Training App.

In Person: Kinetic Edge Performance  
Tamarack Hills  
683 Bielenberg Drive Suite 104  
Woodbury, MN 55125

- 2 Interview status: Upon further review of your application and both parties agree to proceed, set up a time for an interview. Please complete the PT Client Profile and Health History and bring with you at that time.
- 3 Upon acceptance: Please complete the PT Waiver at the conclusion of your interview. You will also be signing an agreement at this time.